

WHO ARE EASTHAMPTON NEIGHBORS?

- **members** who are Easthampton residents (55+) who receive services
- **volunteers**, from Easthampton and surrounding areas
- and generous **donors**!

HOW DOES IT WORK?

Easthampton Neighbors is set up with a Central Office, where members call in for assistance, referrals for services, or to join social activities and events.

The Central Office matches senior members with volunteers, and services not available through other elderly organizations.

Neighbors helping neighbors



**is essential to
what we do!**

SERVICES WE DO NOT PROVIDE

- Home repairs and services that require a licensed professional
- Services to individuals who are bed-bound, frail or not ambulatory
- Medical services, such as medication maintenance or medical transport assistance



CONTACT US

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Find us on
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Easthampton Neighbors is a 501c3 tax exempt organization.



Easthampton Neighbors is a member driven non-profit organization that provides volunteer support services and programs to assist Easthampton seniors (55+) to sustain independent and engaged lives in their homes.



**Join us and help redefine aging
in our community!**





IT TAKES A VILLAGE

Easthampton Neighbors is a part of the "Village Movement". The Village Movement is a neighborhood based membership organization that connects seniors to crucial services and social activities, allowing seniors to age in their homes.

The village movement began over 17 years ago with the formation of the Beacon Hill Village in Boston. As a pioneering model, Beacon Hill inspired the development of over 300 Villages across the country, including several in western Massachusetts.

The Easthampton Neighbors Village was formed to identify and meet the needs that enable Easthampton seniors to stay in their homes and neighborhoods as they age. Due to the exponential growth of the elder population and economic constraints on seniors, there is a great need to provide "gap" services for seniors that are not offered through existing programs.

In 2019, Easthampton Neighbors joined the Village to Village Network (www.vtvnetwork.org), a national organization that provides assistance and resources for developing Villages. Many other Villages in the VtV network charge a fee for membership, but Easthampton Neighbors has a no fee policy. We rely solely on donations from our members, and support from local businesses and industry.



MEMBER BENEFITS

In-Home Services

- Change smoke-detector batteries
- Delivery of foods/goods, carry in packages
- Move, un-clutter household items
- Home fixes; changing a lightbulb, flipping a mattress
- Technical assistance; setup phone, email, etc.

Transportation

- Rides to appointments, grocery shopping, errands, and social events.
- Short trips around Easthampton (you must be able to get in and out of car without assistance)

Neighborhood Social Visits

- Provide companionship and conversation
- Offer a caregiver a break
- Play card or board games
- Read aloud from books or newspapers



VOLUNTEERS

Easthampton Neighbors volunteers are over the age of 18 and come from all different backgrounds and careers. Volunteers may also live in surrounding communities.

The diversity of our volunteers is what makes the interaction with seniors so rich and valuable. Volunteers come to us with a talent to share, and a passion for lending a helping hand.

Volunteers may also lead and participate in social, cultural, and educational activities.

HOW WOULD YOU LIKE TO HELP?

Home repair or maintenance ~ grocery shopping ~ friendly visits ~ computer help ~ driver ~ escort ~ meal prep or delivery ~ errands ~ gardening ~ snow shoveling ~ membership recruitment ~ fundraising ~ event & activities help?